

Division of Gastroenterology, Hepatology and Nutrition

Suzanne M. Simpson, RD, CNSC

Clinical Dietician
Celiac Disease Center
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Clinical Dietician Suzanne Simpson, RD, administers nutritional courses of action to children and adults with celiac disease after extensive evaluation of an individual's blood work, symptoms, energy level and diet, including supplements and restaurant meals.

Ms. Simpson, who joined the Celiac Disease Center at Columbia University in August 2008, educates her patients on a gluten-free diet's most important components: label-reading, cross-contamination, travel, menu planning and consumption of vital nutrients, such as iron, calcium and fiber. After an appropriate diet is prescribed, Ms. Simpson follows up with her patients to ensure nutritional requirements are met and growth is optimized.

While devoting much of her focus to the diets of children with celiac disease, Ms. Simpson also assesses patients with symptoms of lactose/fructose intolerance, bacterial overgrowth, weight gain/loss, vitamin deficiencies/toxicities, type 1 diabetes, osteopenia or thyroid disease.

Prior to joining the Celiac Disease Center, Ms. Simpson worked as a Clinical Dietician in Ontario, Canada, at the Hospital for Sick Children (SickKids), St. Michael's Hospital and Markham Stouffville Hospital. She has monitored outpatients being treated in gastroenterology, hepatology, gynecology, cardiology and general medicine.

Presently, Ms. Simpson serves on the American Dietetic Association, Canadian Celiac Association and Gluten Intolerance Group committees. She previously served on the Board of Directors for the Juvenile Diabetes Foundation.

A tireless investigator of celiac disease habits and screening practices, Ms. Simpson has participated in a number of media productions, and written more than 20 articles and book chapters on gluten-free diets. She is a frequent guest lecturer at nutrition conferences in New York City.