



The Family Advisory Council and
MSCHONY Invite You to the...

Rejuvenate You

WELLNESS PROGRAM

This program, developed by the Family Advisory Council,
is designed to help parents help themselves!
It's the only way to be there for your family.
Come rejuvenate yourself - your family needs you too!

Come Join Us Every Wednesday

Starting January 14th, 2009

7th Floor, Family Lounge

1:00 - 4:00pm

Light refreshments will be available.

Sign up for a complimentary
10-minute massage and/or manicure,
relax to soothing music, and the
therapeutic warmth of pets, so that
you can recharge your mind AND
body in our meditation room!



This program is proudly supported by Sofia's Gift Foundation, helping the many needs
of children and families of Morgan Stanley Children's Hospital of New York Presbyterian.